

Affect, well-being, and autonomy in language learning and teaching

10.00: Welcome and opening of the day; meeting the delegates (groups of three)

10.15: Plenary by **Sarah Mercer** (University of Graz): 'A compassion-based pedagogy for wellbeing in ELT'

11.00: coffee break

11.15: Follow-up on the plenary

Small-group discussions, Q&A, addressing open issues discussed after the plenary

11.45: Workshop by **Alena Hradilová & Barbora Chovancová** (Masaryk University): 'Community building and visual representations as a means to curb loneliness in distance learning'

12.45: Lunch break

13.45: Workshop by **Maria Giovanna Tassinari** (Freie Universität Berlin) & **Lawrie Moore-Walter** (University of Applied Sciences Technikum Wien): 'Exploring autonomy and affect

14.30: Coffee break

14.45: Talk by **Luis Xavier Pentón Herrera** (University of Warsaw): 'Exploring the effects of social-emotional learning in a ninth-grade newcomer classroom: Emerging findings from a qualitative case study'

15.15: Interactive activity by **Metin Esen** (Sabanci University): 'Using Heron's six categories of intervention in tutoring to foster language learners' Social Emotional Learning (SEL)'

15.30: Talk and interactive activity by **Micòl Beseghi** (University of Parma): 'Metaphors and affective aspects of language learning: a study of learner diaries'

16.15: Wrapping up and closing of the day